## TREKKING - FROM WADI BANI AWF TO MISFAT AL ABREYEEN

TRIP AVAILABLE IN	JANUARY - FEBRUA					
		ART-NUVER	IBER - DE			
TRIP DURATION	5 Day					
STARING PLACE	Muttrah					
FINISHING PLACE	Nizwa					
	Level A Tours which	oon indudo	domonding	hikoo (up	to 1200m clouration gain) aquation	aikaa and
DIFFICULTY LEVEL	canyoning.	i can include	uemanung	nikes (up	to 1200m elevation gain), aquatic l	likes and
PRICE PER PERSON						
Number of Guests	2 3	4 5	6	7		
Price per person in OMR		450 420	380	360		
Price per person in USD	1702 1309 1	178 1099	995	942		
STAFF FOR THE TRIP	from 1 to 3 Guests					
	1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 5					5
	1 Driver from from 4 to 7 Guests	n Day 1 to 5				
		r with the kno	wledae for	auidina th	e activities of the trip from Day 1 to	5
	1 Driver from		gerei	gg		-
	1 Driver from					
	1 Driver from	n Day 5 to 5				
TRANSPORTATION	from 1 to 3 Guests					
For transfers mentioned in	1 4WD Car from Day 1 to 5					
the program	from 4 to 7 Guests					
		from Day 1 to from Day 1 to				
		from Day 5 to				
		-				
PRICES INCLUDE	Transportations ment	ioned above				
	Petrol Staff mentioned above					
	Staff mentioned abov	e				
	Staff mentioned abov All excursions and en	trance fees r			ram	
	Staff mentioned abov All excursions and en Breakfast on days	itrance fees r	2, 3, 4, 5	, 6	ram	
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Sport shoes which you will use in the water During winter months we provide you short wetsuits

ADVICE FOR TREKKERS	Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specialy at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usualy manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.
ADVICE ABOUT THE GOOD WAY OF CLOTHING	Oman is a muslim country in which islam is strict but very open-mined and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a t-shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towell to change your clothes, since nudity is not admitted tatoos should also be covered.
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